



GUIDED TOUR

FOUR-DAY TOUR – MAGIC AIGÜESTORTES

**Discovering Aigüestortes and Lake of Sant Maurici National
Park and the beautiful lake areas of Travessani, Colomers and
Saboredo**

Boí, Alta Ribagorça, Lleida



RUTES PIRINEUS TURISME ACTIU DE MUNTANYA SL

www.rutespirineus.cat | www.rutaspirineos.org | www.pyreneestrails.com



WHY THIS TOUR?

This 4 stage crossing lets us discover the two sectors that form the Aigüestortes and Lake of Sant Maurici National Park: Aigüestortes sector (Boi valley - Alta Ribagorça) and the sector of Sant Maurici (Àneu Valleys - Pallars Sobirà). The route will impress you with its beauty and the importance of high mountain lakes at all times: discover this beautiful lake area! This is an ideal proposal for those with a good physical condition but does not require previous experience in high mountain.

The panorama across the Aigüestortes National Park is wonderful: high mountain lakes, rich flora and fauna, incredible sunrises and sunsets, glacial valleys, high mountains ... Some of the places that we will discover are: reservoir of Cavallers, Besiberri massif, lakes and needles of Travessani, Estany Negre, the cirque of Colomers, lakes of Saboredo, Amitges, Estany Llong, Aigüestortes...

The three overnight mountain shelters are located in places of great beauty. We will also get to know life in mountain shelters. Beyond protection and comfort, they play a very important role in the conservation of the environment.

Finally, note that we will access the National Park from the Boi valley (Alta Ribagorça, Lleida). This valley is considered one of the most beautiful valleys of the Pyrenees: an exceptional natural environment home of the famous Romanesque churches in the Vall de Boi - declared World Heritage Site by UNESCO. We will walk and visit nice paved roads, eight beautiful villages such as: Boi, Taüll, Erill la Vall, and Barruera.



ROUTE

Duration: 4 days - 3 nights

Stages:

- Day 1. **Reservoir of Cavallers - Restanca shelter**
Duration: 7h | Distance: 11 km | Gradient: +800/-500m
- Day 2. **Restanca shelter - Saboredo shelter**
Duration: 8-9h | Distance: 13 km | Gradient: +1,200m/-900m
- Day 3. **Saboredo shelter - Estany Llong shelter**
Duration: 8h | Distance: 10 km | Gradient: +550m/-850m
- Day 4. **Estany Llong shelter - Reservoir of Cavallers**
Duration: 7-8h | Distance: 12 km | Gradient: +400m/-700m

Note: The planned route may vary slightly depending on the weather conditions and the state of the ground.

INTERPRETIVE CONTENT

- History and values of the National Park.
- The valleys and glacial lakes.
- Flora and fauna of the mountains.
- Life in mountain shelters and the Pyrenees.



SUMMARY

Activity duration: 4 days / 3 nights.

Physical demands: Medium-High. This route is suitable for people with a good fitness level or used to long uphill walks.

Technical difficulty: Easy. The route passes through high mountain terrain, but it is technically easy.

Total distance: 46 km (4days).

Total ascent: 2,950m (4 days).

Recommended time of the year: June to October.

Meeting time and place: 8:30h am at the National Park Taxi Office in the town of Boi (next to the Romanesque church). There is a large car park where you can park vehicles next to the square.

Personal gear: You must wear mountain clothing for the route: windbreaker jacket, warm and comfortable breathable clothes, long trousers, mountain socks, mountain boots with high cuff to protect the ankles, gloves, buff, and a cap. Spare clothes to get changed at the mountain shelters. For the rain: waterproof poncho/raincoat and rain cover for your backpack. For the sun: sunglasses, sunscreen, lip protection and a cap. A proper mountain backpack. Front or flashlight. Sleeping bag or travel sheet (there are blankets at the shelters). Optional: earplugs for the nights at shelters. Recommended: telescopic walking sticks.

Food: Drink/water, and food that everyone considers appropriate for the first day. Dinners, breakfast and lunch (picnic bags) are provided at the shelters.

Guide profile: Certified mountain guide with extensive experience at the National Park. Great knowledge of flora, fauna and geology.

Note: If someone takes medication, suffer from any disease or had an injury recently, please comment on it at the time of booking.





OVERNIGHT IN MOUNTAIN SHELTERS

- Inside the National Park of Aigüestortes and Estany de Sant Maurici it is **only allowed to overnight in the official mountain shelters** accredited by the national park authorities.
- **There are no hotels** within the national park.
- **Camping (including bivouac) is prohibited** in the national park.
- Sleeping in shelters allows us to spend the night **inside the protected area** and to visit places of great beauty and natural value that would be **inaccessible on one-day trips** from outside the national park.
- Mountain shelters only have **shared dormitory rooms** with **bunk beds** and **shared bathrooms**.
- **Dinner, breakfast and picnic** are provided at the shelters.
- There is **no baggage transfer service between the shelters**. Each hiker is responsible for their backpack.



PRICE

- Groups of 8 people: **495€/person**
- Groups of 7 people: **510€/person**
- Groups of 6 people: **535€/person**
- Groups of 5 people: **575€/person**
- Groups of 4 people: **625€/person**
- Groups of 3 people: **715€/person**
- Groups of 2 people: **900€/person**
- Groups of 1 people: **1,485€/person**

The price includes the planning and preparation of the tour, conducting of the guided tour in English (by a certified mountain guide), accident insurance for mountain activities, and mountain shelters at full board (it includes accommodation, dinner, breakfast and picnic lunch for the next day). VAT is included.

The price does not include the journey to the starting/end points of the route or extra services at the mountain shelters (use of showers, extra drinks, etc.).

Supplements prices:

- *Transfer: 480€ (From Barcelona to Boi (from 1 to 7 people)).*
- *Please ask us if you need accommodation in the area for the night before and/or after.*



BOOKING

For any questions please contact us by sending an email to info@pyreneestrails.com.

To confirm the reservation, we require a deposit of 40% of the total price of the activity that can be done by credit card or by bank transfer.



SOME IMAGES...



Besiberri massif and mountains of Tumeneia.



Lake Major de Colomers.



Lake of Cap del Port.



Estany Negre and Ventosa i Calvell shelter.



Lily of the Pyrenees.



Lake of Llebreta and Aüt peak in the background.



Lake Mangades.



Isard (Pyrenean chamois).



ACCEPTANCE

Rutes Pirineus Turisme Actiu de Muntanya SL is a company specialized in promoting mountain tourism in the Pyrenees. Rutes Pirineus organizes guided tours and as organizer of sport and physical activities in the natural environment, meets the requirements that correspond to as "Decree 56/2003", under which it has contracted an accidents insurance and a liability policy for participants. It has certified staff according to the "Law 3/2008" of the Generalitat of Catalonia and is registered in the census of "Catalan Sports Council" with the number C-365.

Tax Data: Rutes Pirineus Turisme Actiu de Muntanya S.L. Address: C / 11 de Septiembre No. 22 1º, 08750 Molins de Rei (Barcelona). CIF: B66145095. Company registered in the Register of Barcelona "TOMO 44 061, FOLIO 26, HOJA B 446.044, INSCRIPCIÓN 1."

The reservation of an activity organized by Rutes Pirineus Turisme Actiu de Muntanya SL implies acceptance of the following points:

1. Activities on the wild, such as mountaineering, skiing, snowshoeing and hiking are inherently dangerous, in greater or lesser extent depending on the nature of the activity and specific outing. In the booking process, participants confirm that they know and assume the risks of the proposed activity. For this reason, Pyrenees Trails declines all responsibility for damages that may result from actions that occur outside of the scope and conditions previously agreed.
2. The activities are subject to weather conditions and the number and characteristics of people taking part on them. Therefore, schedules and itineraries can be modified or even cancelled in part or in full if circumstances require so, always under the criterion of mountain guides or technical staff.
3. The client claims to have no physical problems prior to the activity, to have not taken any medicines that prevent them to take part in the activity appropriately, and to have not consumed alcohol or drugs of any kind before the activity. Women should inform of a possible pregnancy when booking.
4. Minors must be accompanied by a parent or legal guardian. If not accompanied by a legal guardian, a written and duly signed (by parents or legal guardians) authorization and consent for participation in the activity will be needed.
5. The customer must pay attention to the guide's or technical staff's instructions and show respect to the rest of the group. Pyrenees Trails reserves the right to exclude anyone whose behavior compromises the safety of the group. These people will not receive any compensation in any case.
6. The gear provided for the activities will be approved if required and will always be in a state of proper use. Should participants bring their own gear, it will be supervised by our technicians and may be used only if they consider it appropriate.
7. The customer accepts that their personal data are incorporated into the database of Rutes Pirineus Turisme Actiu de Muntanya SL, in accordance with Article 15/1999 of 13 December on the Protection of Personal Data (LOPDPC) the customer has the right to access their data, modify or cancel them at any time by sending an email to info@rutespirineus.cat or a letter by postal mail to: C/11 de Setembre, 22 1r, 08750 Molins de Rei (Barcelona). Pyrenees Trails treats data as confidential and will not provide or sell your data to third partners and subscribers.
8. Pyrenees Trails reserves the right to include any of the route photographs in their communications channels. A photographic report will be given to the participants after the activity. In any case, these photographs will be sold to third parties. If you have any problem, please let us know.